

Mary-Ann's Mail Order			2009
email: orders@mary-anns.com			
Telephone & Fax: 0861MARYANN			
or +27 21 856-2500 (From outside SA)			
(Including Vat but Excluding Shipping)			
Product Codes	Description	NEW PRICE	Ext
SWEETS & BISCUITS			
CCB	Bars Carob & Coconut 50g	11.95	0.00
CPDB	Bars Carob Pecan & Date 50g	12.95	0.00
CRB	Bars Carob & Raisin 50g	10.95	0.00
HVB	Bars Halva 40g	9.95	0.00
SSB	Bars Seed 40g	9.95	0.00
CSB	Carob Slab 200g	35.00	0.00
CCC	Crunchies W/F Carob-Coated 5's 200g	39.95	0.00
WFC	Crunchies Wheat-Free 5's 200g	29.95	0.00
GRAINS, MUESLI AND HONEY			
MCD	Drink Powder Malted Carob 250g Jar	34.95	0.00
FRC1000	Fructose 1kg Bag	49.95	0.00
RAW1	Honey Raw Organic 500g	69.95	0.00
MUE	Muesli Honey Baked 1kg	84.95	0.00
OOT	Oats Organic 500g	29.95	0.00
POL	Polenta Italian 1kg Bag	29.95	0.00
RIC	Rice Brown Wholegrain 1kg Bag	29.95	0.00
SMP	Soya Milk Powder 500g Bag	39.95	0.00
TAH	Tahini 400g Jar	49.95	0.00
SALTS & STOCKS			
OGHS	Salt Garlic & Herb Organic 100ml	22.95	0.00
OHS	Salt Herb Organic 100ml	22.95	0.00
OSS	Salt Seasoning Organic 100ml	22.95	0.00
VEG	Stock Powder Vegetable 280g Jar	39.95	0.00
DRIED FRUIT & NUTS			
PD500	Dates Pitted 500g	34.95	0.00
OAL250	Nuts Almonds Raw 250g	55.95	0.00
CASH	Nuts Cashews Raw 250g	49.95	0.00
PNU	Nuts Pecans Raw 200g	49.95	0.00
NOR	Raisins Non-Oiled 500g	29.95	0.00
BOOKS & DVD's			
PH	Perfect Health - The Natural Way	149.95	0.00
PW	Perfect Weight - The Natural Way	119.95	0.00
TAK	Take Control	119.95	0.00
KIDS	Heathy Kids - The Natural Way	129.95	0.00
REC1	The Natural Way Recipe Book 1	119.95	0.00
REC2	The Natural Way Recipe Book 2	119.95	0.00
CHARTS	A3 Food-Combing Chart	30.00	0.00
DVD1	Digital Magazine No. 1	100.00	0.00
DVD2	Digital Magazine No. 2	100.00	0.00
DVD3	Digital Magazine No. 3	100.00	0.00
DVD4	Digital Magazine No. 4	100.00	0.00
DVD5	Digital Magazine No. 5	100.00	0.00
DVD6	Digital Magazine No. 6	100.00	0.00
DVD7	Digital Magazine No. 7	100.00	0.00
DVD8	Digital Magazine No. 8	100.00	0.00
DVD9	Digital Magazine No. 9	100.00	0.00
DVD10	Digital Magazine No. 10	100.00	0.00
DVD11	Digital Magazine No. 11	100.00	0.00
DVD12	Digital Magazine No. 12	100.00	0.00
DVD13	Digital Magazine No. 13	100.00	0.00
DVD14	Digital Magazine No. 14	100.00	0.00
DVD15	Digital Magazine No. 15	100.00	0.00
DVD16	Digital Magazine No. 16	100.00	0.00
DVD17	Digital Magazine No. 17	100.00	0.00
DVD18	Digital Magazine No. 18	100.00	0.00

Product Codes	Description	NEW PRICE	ORDER	Ext
DVD19	Digital Magazine No. 19	100.00		0.00
DVD20	Digital Magazine No. 20	100.00		0.00
DVD21	Digital Magazine No. 21	100.00		0.00
DVD22	Digital Magazine No. 22	100.00		0.00
DVD23	Digital Magazine No. 23	100.00		0.00
DVD24	Digital Magazine No. 24	100.00		0.00
DVD25	Digital Magazine No. 25	100.00		0.00
DVD26	Digital Magazine No. 26	100.00		0.00
DVD27	Digital Magazine No. 27	100.00		0.00
DVD28	Digital Magazine No. 28	100.00		0.00
DVD29	Digital Magazine No. 29	100.00		0.00
DVD30	Digital Magazine No. 30	100.00		0.00
DVD31	Digital Magazine No. 31	100.00		0.00
DVD32	Digital Magazine No. 32	100.00		0.00
DVD33	Digital Magazine No. 33	100.00		0.00
DVD34	Digital Magazine No. 34	100.00		0.00
CLEANING				0.00
SLQ1L	Soap Liquid Multi-Purpose 500ml	44.95		0.00
SPOWD2KG	Soap Powder Laundry 2kg Bucket	120.00		0.00
			Sub Total	0.00
	<i>Shipping costs (Calculated at the time of dispatch) SA only</i>		10%	0.00

A FINAL TOTAL WILL BE EMAILED TO YOU BASED ON AVAILABILITY AND SHIPPING BEFORE DISPATCH

			Total	
--	--	--	--------------	--

Contact Details

Name:

Physical Address:

Postal Address:

Telephone:

Fax:

Cell Phone:

Credit Card Details

Card Holders Name:

Card Number:

Expiry date: Three digit code on white stripe on the back:

Signature:

Amount:

0.00

Banking details for Electronic Funds Transfer (EFT)

Natural Way Wholesalers (Pty) Ltd - Bank Details

Bank: Standard Bank

Branch: Helderberg

Branch Code: 3301242

Account # : 071174974

IMPORTANT INSTRUCTIONS:

1. COMPLETE THE ABOVE FORM ON YOUR COMPUTER AND THEN SAVE IT AS A DIFFERENT FILE WITH YOUR NAME IN THE TITLE.. Eg. SMITH AB FEB08.XLS.. THIS HELPS US WHEN YOU EMAIL IT TO US.

2. EMAIL TO "orders@mary-anns.com" or FAX to 0861MARYANN

3. ONCE YOU HAVE DONE AN EFT, PLEASE FAX or EMAIL TO THE SAME ADDRESSES ABOVE.